

# May 2017

## TENNESSEE SCHOOL FOR THE DEAF

### LUNCH



**SERVED DAILY:**  
 CAESAR/GARDEN SALAD, RAW VEGETABLES  
 MILK: FAT FREE, 1%, FAT FREE FLAVORED  
 3<sup>RD</sup> ENTRÉE: SOY BUTTER JAMWICH, CHEESE  
 STICK & CHEESE-ITS



**Fitness Tip:** MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**1**  
 CHEESE OR PEPPERONI PIZZA  
 CHICKEN NUGGETS / ROLL  
 MASHED POTATOES W/GRAVY  
 SWEET YELLOW CORN

**2**  
 CHEESE CALZONE W/MARINARA  
 CHICKEN SANDWICH  
 POTATO SMILES  
 GREEN BEANS  
 PUDDING

**3**  
 SPAGHETTI W/MEATBALLS / ROLL  
 HOMEMADE GRILLED CHEESE  
 TATER TOTS  
 GLAZED CARROTS

**4**  
 HAMBURGER W/CHEESE  
 FISH STICKS / ROLL  
 OVEN BAKED FRIES  
 BAKED BEANS

**5**  
 CHEESY NACHOS  
 MINI CORN DOG NUGGETS  
 SWEET YELLOW CORN  
 PINTO BEANS  
 CINCO DE MAYO COOKIE

**8**  
 GARLIC PIZZA W/MARINARA  
 CHICKEN NUGGETS  
 MASHED POTATOES W/GRAVY  
 GREEN BEANS

**9**  
 HOT DOG W/CHILI  
 HOMEMADE GRILLED CHEESE  
 TATER TOTS  
 PINTO BEANS

**10**  
 CHICKEN SANDWICH  
 CHEESE CALZONE W/MARINARA  
 CORN  
 SPINACH MARIA

**11**  
 CHEESE OR PEPPERONI PIZZA  
 HAM & CH ON BUN / DORITOS  
 HASHBROWN POTATOES  
 BROCCOLI W/CHEESE SAUCE

**12**  
 HAMBURGER W/CHEESE  
 FISH STICKS  
 WHOLE CORN DOG OR NUGGETS  
 FRENCH FRIES  
 BAKED BEANS

**15**  
 IN-SERVICE DAY

**16**  
 CALL DINING HALL

**17**  
 CALL DINING HALL

**18**  
 CALL DINING HALL

**19**  
 CALL DINING HALL

**22**  
 CALL DINING HALL

**23**  
 CALL DINING HALL

**24**  
 CALL DINING HALL

**24**  
 CALL DINING HALL  
 (LAST DAY OF SCHOOL)

**26**  
 RETIREMENT DINNER

**29**

**30**

**31**



**MEALS SUBJECT TO CHANGE**